



**2017 Cambria County Trails Series**  
**Ghost Town Trail Challenge**  
**32 Miles • 16 Miles • 7.5 Miles**  
**June 17, 2017 • 7 a.m**

**PROCEEDS** – ALL challenge proceeds will go towards enhancing and expanding the Cambria County Trails.

**COURSE** - The 2nd Annual Ghost Town Trail Challenge, hosted by the Cambria County Conservation & Recreation Authority, will be on June 17, 2017, the Saturday before the summer solstice, which is the longest day of the year. The Challenge is a 32-mile long (50k), one-day, sunrise to sunset endurance hike (or run) on nearly the entire Ghost Town Trail from Blairsville, PA to Ebensburg, PA. Unlike a footrace, the "challenge" is not to come in first or win, but to endure, to finish the hike in one day. The Challenge starts at Saylor Park in Blairsville, PA and ends 32 miles later at the Young People's Community Center in Ebensburg, PA.

**EVENTS** - There are 3 Challenge events to choose from on June 17, all taking place on The Ghost Town Trail:

- Full Challenge* (32 Miles - 50k) – Starts at 7 a.m. at Saylor Park in Blairsville & ends at the YPCC in Ebensburg.
- Half Challenge* (16 Miles - 25k) - Starts at 7 a.m. near the Wehrum Trailhead & ends at the YPCC in Ebensburg.
- Friends/Family Challenge* (7.5 Miles - 12k) - Starts at 7 a.m. at the Nanty Glo Trailhead and ends at the YPCC.

**REGISTRATION** – Register online ([www.ultrasignup.com](http://www.ultrasignup.com) “Ghost Town Trail Challenge”) or by mail by June 12<sup>th</sup>.

\*All Pre-registered Participants are guaranteed a Tech Shirt along with a souvenir GTT Challenge tumbler. All finishers will receive a commemorative finisher medal.

**UNTIL MARCH 1 (Early Bird)**

\$45.00 - 50k Group Challenge (Full 32 Mile Challenge) \$41.00 - 50k Group Challenge (Full 32 Mile Challenge) – discount for groups of 6+ people - price per person \$40.00 - 50k (Full 32 Mile Challenge) for 2017 Friends of the Trails Members
\$37.00 – 25k (Half/16 Mile Challenge) \$33.00 - 25k Group Challenge (Half/16 Mile Challenge) – discount for groups of 6+ people - price per person \$32.00 - 25k (Half/16 Mile Challenge) for 2017 Friends of the Trails Members
\$32.00 - 12k (Friends/Family 7.5 Mile Challenge) \$28.00 - 12k Group Challenge (Friends/Family 7.5 Mile Challenge) discount for groups of 6+ - price per person \$27.00 – 12k Group Challenge (Friends/Family 7.5 Mile Challenge) for 2017 Friends of the Trails Members

**UNTIL MAY 28**

\$48.00 - 50k (Full 32 Mile Challenge) \$44.00 - 50k Group Challenge (Full 32 Mile Challenge) – discount for groups of 6+ people - price per person \$43.00 - 50k (Full 32 Mile Challenge) for 2017 Friends of the Trails Members
\$40.00 - 25k (Half/16 Mile Challenge) \$36.00 - 25k Group Challenge (Half/16 Mile Challenge) – discount for groups of 6+ people - price per person \$35.00 - 25k (Half/16 Mile Challenge) for 2017 Friends of the Trails Members
\$35.00 - 12k (Friends/Family 7.5 Mile Challenge) \$31.00 - 12k Group Challenge (Friends/Family 7.5 Mile Challenge)-discount for groups of 6+ - price per person \$30.00 - 12k (Friends/Family 7.5 Mile Challenge) for 2017 Friends of the Trails Members

*(continued on next page)*

## MAY 29 THROUGH JUNE 12 (NO RACE DAY REGISTRATION)

\$53.00 - 50k (Full 32 Mile Challenge)

\$49.00 - 50k Group Challenge (Full 32 Mile Challenge) - discount for groups of 6+ people - price per person

\$48.00 - 50k (Full 32 Mile Challenge) for 2017 Friends of the Trails Members

\$45.00 - 25k (Half/16 Mile Challenge)

\$41.00 - 25k Group Challenge (Half/16 Mile Challenge) - discount for groups of 6+ people - price per person

\$40.00 - 25k (Half/16 Mile Challenge) for 2017 Friends of the Trails Members

\$40.00 - 12k (Friends/Family 7.5 Mile Challenge)

\$36.00 - 12k Group Challenge (Friends/Family 7.5 Mile Challenge) discount for groups of 6+ - price per person

\$35.00 - 12k (Friends/Family 7.5 Mile Challenge) for 2017 Friends of the Trails Members

### SHUTTLE SERVICES & PARKING

Shuttle services to the start lines of all three events will be available and free to participants, courtesy of First Student Ebensburg. *Shuttle buses will leave at 6 a.m.* from the Young People's Community Center in Ebensburg, PA (300 Prave Street, Ebensburg, PA 15931) to take participants to the start lines. Participants may park at the gravel parking lot near the Young People's Community Center Trailhead.

**FOOD/AID STATIONS** - There will be 6 Aid/Fuel stations, spaced out every 5-6 miles, complete with refuel food, gatorade, water, and First Aid, for participants of every event along the entire 32 Miles of The Ghost Town Trail. \*Mileages below are based off of the 32 mile Full Challenge from Blairsville (Mile 0) to Ebensburg (Mile 32). Items that will be available at Aid/Fuel stations include PB&J & PB&honey (white & wheat bread), Boiled potatoes w/ salt/pepper, fruit, gummy worms, chocolate candy, Pretzels/chips, Gu gel packets/Clif Shots, Gatorade, Water. First Aid items, including moleskin, salt tablets, band-aids, duct tape, etc.

Mile 6.5 – Heshbon Rd. Trailhead

Mile 13 – Dilltown Trailhead

Mile 19 – Vintondale Trailhead

Mile 25 – Nanty Glo Trailhead

Mile 29 – Beulah Rd.

Mile 32 – YPCC Trailhead (Ebensburg) – Finish Line

\*It is **STRONGLY** recommended that you also wear a hydration pack or bring a large water bottle or 2 with you on the trail. Also, make sure that you are wearing comfortable walking or running shoes that you have already broken in.

### RESTROOM LOCATIONS

Eight restroom facilities will be available along the entire trail at the following locations.

\*Mileages below are based off of the 32 mile Full Challenge from Blairsville (Mile 0) to Ebensburg (Mile 32).

Mile 0 - Saylor Park in Blairsville (50k Start)

Mile 4 – on the Ghost Town Trail

Mile 6.5 – Heshbon Rd. Trailhead

Mile 13 – Dilltown Trailhead

Mile 16 – Wehrum Rd. Trailhead

Mile 19 – Vintondale Trailhead

Mile 25 – Nanty Glo Trailhead at the Nanty Glo Boro Baseball Field

Mile 32 – Young People's Community Center Trailhead (Ebensburg, PA)

### PACKET PICK-UP

Packet pick-up will be Friday, June 16th from 4-7 p.m. at the Up-N-Running store (208 W. High St.) in Ebensburg, PA.

**AWARDS** - All Pre-registered Participants are guaranteed a Tech Shirt along with a souvenir GTT Challenge tumbler. All GTT Challenge finishers will receive a commemorative finisher medal.

**TIMING** - All Ghost Town Trail Challenge events will be officially timed. Finisher results will be posted on our website and on UltraSignUp.com. Results and photos will also be emailed to all participants.

**RESULTS & PHOTOS** - Results and photos from The Ghost Town Challenge will be available on our website or via Ultra Signup. Visit [www.cambriaconservationrecreation.com](http://www.cambriaconservationrecreation.com) or [www.ultrasignup.com](http://www.ultrasignup.com) (Keyword: Ghost Town Trail Challenge") to view results and photos. Results and photos will also be emailed to all participants.

\*\*For more information or questions, contact Leanna Bird at [LBird@co.cambria.pa.us](mailto:LBird@co.cambria.pa.us) or 814.472.5440 x4020.

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**THE GHOST TOWN TRAIL CHALLENGE  
REGISTRATION FORM**

I CERTIFY THAT I WILL BE PHYSICALLY TRAINED AND PREPARED FOR THIS EVENT BY RACE DAY. I HEREBY WAIVE AND RELEASE ALL RIGHTS FOR CLAIMS OR DAMAGES OR SUIT I MAY HAVE AGAINST THE CAMBRIA COUNTY CONSERVATION & RECREATION AUTHORITY, INDIANA COUNTY PARKS & TRAILS, EBENSBURG BOROUGH, AND ANY OTHER OFFICIALS OR SPONSORS OF THE GHOST TOWN TRAIL CHALLENGE TO BE HELD ON JUNE 17, 2017. I GRANT PERMISSION TO THE CCCRA TO USE MY PHOTOGRAPHS FROM THIS EVENT FOR PROMOTIONAL PURPOSES.

Signature (parent/guardian if under 18) \_\_\_\_\_ Date \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Gender \_\_\_\_ Age \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Shirt Size (circle one):    YL    S    M    L    XL    XXL

Event (circle one):        50k                    50k Team Challenge  
                                  25k                    25k Team Challenge  
                                  12k                    12k Team Challenge

If you are registering for a Team Challenge, what is your Team/Business/Organization Name?  
\_\_\_\_\_

Are you a 2017 Friend of the Trails? \_\_\_\_\_

\*For a \$5 discount off your registration & to become a member, mail in attached membership form or visit our website:  
[www.cambriaconservationrecreation.com](http://www.cambriaconservationrecreation.com)

Total Enclosed \$ \_\_\_\_\_

To register, clip and mail form to:

CCCRA

401 Candlelight Dr., Suite 240

Ebensburg, PA 15931

Make checks payable to Cambria County  
Conservation & Recreation Authority.

Memo: "Ghost Town Trail Challenge"

\*\*For more information or questions, contact Leanna Bird at [LBird@co.cambria.pa.us](mailto:LBird@co.cambria.pa.us) or 814.472.5440 x4020.